

# Are you sick with COVID-19 symptoms?

*Fever, cough, and/or shortness of breath?*

Yes, I am sick

\*Isolate

You can stop home isolation when...

You DID NOT have a test taken

You can leave home after these three things have happened:

1. You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)
- AND**
2. other symptoms have improved (for example, when your cough or shortness of breath have improved)
- AND**
3. at least 7 days have passed since your symptoms first appeared

No, but someone else in my household is sick

\*Quarantine yourself immediately, at home and self-monitor (take your temperature 2x/day, assess for above signs and symptoms for 14 days)

If your family member is out of isolation before the 14-day quarantine is over, you may leave your home\*\*, continue social distancing, and monitor for signs and symptoms until your 14 days have passed

\*\* unless instructed otherwise by the Health Department

You can leave home after these three things have happened:

1. You no longer have a fever (without the use of medicine that reduces fevers)
- AND**
2. other symptoms have improved (for example, when your cough or shortness of breath have improved)
- AND**
3. you received two negative tests in a row, 24 hours apart. Your doctor will follow CDC guidelines.

**Isolation** is used to separate **ill** persons who have a communicable disease from those who are healthy. Isolation restricts the movement of ill persons to help stop the spread of certain diseases

**Quarantine** is used to separate and restrict the movement of **well** persons who may have been exposed to a communicable disease to see if they become ill. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms. Quarantine can also help limit the spread of communicable disease.

No, I am not sick, nor is anyone in my family

Continue social distancing practices